

DOCUMENT RESUME

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AUTHOR Squier, William; Simmons, Susan; Yannes, Michelle; Simmons, Susan; Levine, Beth

TITLE Good Discipline, Good Kids. [Videotape with Guide].

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NOTE Op.; Videotape not available from ERIC. For another parent and child videotape, see PS 027 164.

AVAILABLE FROM Sunburst Communications, Inc., 101 Castleton Street, P.O. Box 40, Pleasantville, NY 10570 (42-minute VHS video and guide, \$89.95). Tel: 800-431-1934 (Toll-Free); Tel: 914-747-3310; Fax: 914-747-4109.

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DESCRIPTORS *Children; *Discipline; *Parent Child Relationship; *Parent Education; *Parents; Videotape Recordings

IDENTIFIERS Disciplinary Styles; Parenting Styles

ABSTRACT

Noting that good parental discipline provides positive, constructive ways to encourage cooperation and good behavior and gives children the skills to regulate themselves, this 42-minute videotape with facilitator's guide comprise a program intended to help parents get past daily power struggles by using effective disciplinary techniques and creating a family atmosphere that promotes mutual respect and harmony. The guide introduces the videotape and outlines its use in parent education programs. The guide also contains a bibliography for further information, parent handouts to be used in workshops, and the video script. The videotape is divided into seven parts, covering: respect for feelings, rules and expectations, setting limits, managing anger, punishment, attitude adjustments, and wrapping it up. Using the guide, a host leads viewers through the videotape in which dramatic scenarios illustrate typical discipline challenges. Adele Faber and Elaine Bazlish, noted parent education authors, comment on the scenarios and offer psychological insight and practical advice, skills, and concrete strategies for handling the issues presented. (Guide contains 30 references.) (KB)